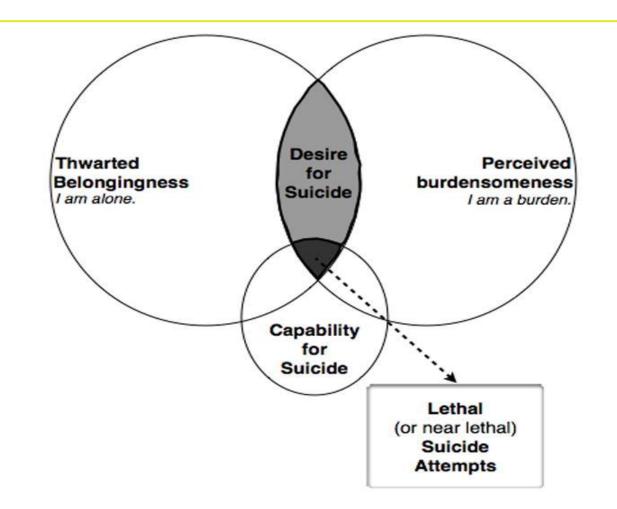


The Patchwork Cloak: Intersections of Identity and Suicide

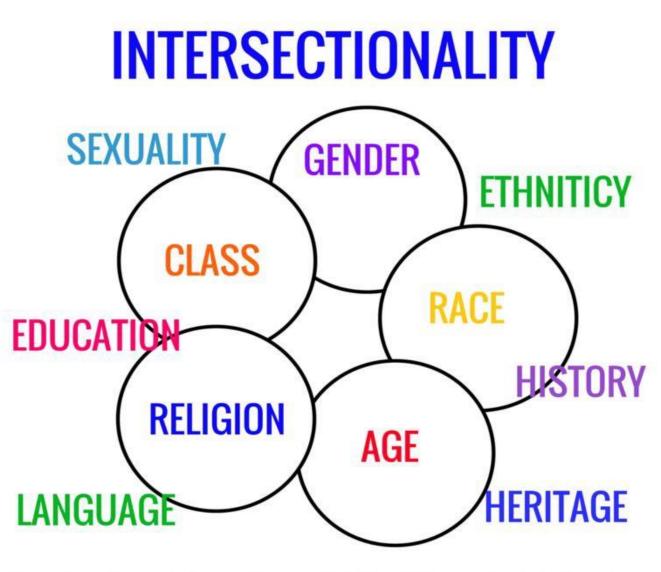
> Kimberly Tran, PhD, HSP-P Associate Professor, Psychology Fayetteville State University Licensed Psychologist Private Practice



## Interpersonal Theory of Suicide (Joiner, 2010)







"overlapping or intersecting social identities and related systems of oppression, domination, or discrimination."



## Protective and Risk Factors

<u>Protective factor</u>: a **characteristic** at the biological, psychological, family, or community (including peers and culture) level that is associated with a lower likelihood of problem outcomes or that reduces the negative impact of a risk factor on problem outcomes

<u>Risk factor</u>: a **characteristic** at the biological, psychological, family, community, or cultural level that precedes and is associated with a higher likelihood of problem outcomes



### Suicide and Intersectionality





# A Patchwork Cloak

- 34 year old Biracial man (Black/African American father and White/European American mother)
- Only child
- Childhood trauma
- Marine Veteran, combat trauma
- Low childhood socioeconomic status
- Long term partnership
- Chronic pain
- High socioeconomic status career in education working with veterans
- College educated, working on graduate degree
- Medical marijuana recipient
- Charismatic and outgoing with large social group



# Think, Feel and Do

- Think: All the research knowledge and clinical experience we have
- Feel: Our intuition and discomfort at the ambiguity
- Do: Stopping our fears and hesitations from blocking the "art" Attend to the "tend"



#### Questions? Contact Information

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