



Northern Virginia Clinical Psychologists (NVCP)
Presents a 3-CE Program on Friday, June 9, 2023

Best Practices in the Assessment and Treatment of ADHD in Adults
Presenters: Carla Messenger, Ph.D. & Laurentia Ruby, Psy.D.

Date/Time: Friday, June 9, 2023; 11:00 am - 4:00 pm

Place: Maggiano's Little Italy at Tysons II Galleria
2001 International Drive, McLean, Virginia 22102 (Phone 703-356-9000)

Cost: \$60.00 for NVCP Members / \$120.00 for non-NVCP Members / \$30.00 for Clinical Students with student ID

Menu: Family style luncheon with meat and vegetarian selections (included with registration)

Program Schedule:	11:00 am - 11:30 am	Registration, Meet & Greet
	11:30 am - 1:00 pm	Lunch, Networking, Announcements
	1:00 pm - 4:00 pm	CE Training

Registration: Deadline to register is 6/5/23. See instructions below for registering through VACP.

Program Overview:

Attention-deficit/hyperactivity disorder is a neurological disorder that begins in childhood and is diagnosed when several diagnostic criteria are present before the age of 12 years. Symptoms of ADHD often persist into adulthood, however many adults who manifest characteristics of ADHD were never diagnosed as children. This CE is designed to provide a foundation of the knowledge and skills necessary for the assessment and treatment of ADHD in adults. The program will provide an overview of ADHD, its symptoms, and its impact on adults. Participants will learn about the assessment process, including the use of rating scales, clinical interviews, and neuropsychological testing. It will also cover the differential diagnosis of ADHD and other psychiatric disorders that may present with similar symptoms. Evidence-based treatments for ADHD in adults will be discussed including pharmacological, cognitive-behavioral therapy, and other psychotherapeutic approaches for the treatment and management of ADHD. By the end of the program, participants will have a solid understanding of ADHD in adults and the tools necessary to provide effective treatment and support to individuals with this condition.



Learning Objectives:

1. Review and discuss the diagnostic criteria for ADHD, and identify how ADHD impacts functioning in adults.
2. Participants will become knowledgeable of how to conduct an ADHD evaluation with adults that effectively rules out or identifies other clinical mental health conditions as the reason for inattention and related challenges.
3. Participants will gain knowledge of recent findings regarding the use of computerized performance tests in the assessment of ADHD.
4. This workshop will discuss evidence-based treatments of ADHD in adults.
5. Participants will learn about challenges in the assessment and treatment of ADHD.

Speaker Bios:

Dr. Carla Messenger earned a Ph.D. in clinical psychology from The George Washington University in 2005. Dr. Messenger has been a licensed clinical psychologist in Virginia since 2007, and she owns a private practice in Arlington, VA, where she provides assessment and treatment to children, adolescents, and adults. Dr. Messenger has taught Cognitive Assessment and Personality Assessment to doctoral students in the Ph.D. Program at George Washington University, where she has served as an Adjunct Clinical Assistant Professor. She is a Clinical Preceptor in the George Washington University School of Medicine and Health Sciences. In addition to her clinical work and teaching, she enjoys blogging for *Psychology Today*. Outside of work, her hobbies include gardening, traveling, and spending time with her family and friends.

Dr. Laurentia Ruby is in private practice in Fairfax, VA. She treats adolescents and adults, and enjoys a meaningful, ADHD-enriched life.

Registration Information:

Registration for this program will be processed through Virginia Academy of Clinical Psychologists (VACP). The deadline for registration is 6/5/23. Please note that VACP is approved to provide 3 CEs for Virginia licensed clinical psychologists. Other licensing bodies may or may not accept VACP CEs. Participants must be present through the entire 1:00 pm - 4:00 pm presentation in order to receive CE credits; partial CE credit is not provided for late arrivals or early departures. For your awareness, parts of the presentations may be recorded.

Instructions:

1. Click or paste this link: <http://www.vapsych.org/nvcp-event>
2. Sign in to your VACP account, or create an account as a new user
3. Complete information, select membership category, and pay your registration fee



4. Direct any questions about registration to: vacpoffice@gmail.com
5. Your CE certificate will be sent via email following the event

Northern Virginia Clinical Psychologists (NVCP) is a regional organization of the Virginia Academy of Clinical Psychologists whose goal is to develop a collegial support network for Northern Virginia-based clinical psychologists and those studying to be licensed. It is the largest regional academy of psychologists in Virginia and provides training and networking opportunities for its members. NVCP hosts CE events, quarterly newsletters, social gatherings, message board forums, and a psychologist referral resource. For more information about NVCP or ways you can become involved, please contact Laurentia Ruby, Psy.D. at laurentia.ruby@verizon.net, call 703-839-2523, or visit our website at <https://www.vapsych.org/nvcp-home>. For questions about this program, or to suggest topics and presenters for future programs, please email the NVCP Vice President & CE Chair, Mike Schaub, Ph.D. at NVCPCEChair@gmail.com.

NVCP COVID-19 Statement

Registrants who test positive for COVID or have COVID symptoms are asked not to attend the event. Contact Mike Schaub at nvcpcechair@gmail.com to receive a registration fee credit that may be applied to a future CE. Registrants who have been exposed to COVID but test negative and are not showing symptoms are asked to wear a mask during the event.

COVID-19 RELEASE & HOLD HARMLESS AGREEMENT: By registering and attending a Northern Virginia Clinical Psychologists (NVCP) event/meeting you acknowledge that there is an unknown risk of exposure to COVID-19 through exposure to contaminated objects, as well as through personal contact. Such exposure carries with it a certain degree of risk that could result in illness, disability or death. You agree to release and hold harmless NVCP, its staff, officers, and vendors from and against all claims of damages and liability resulting from exposure to COVID-19. Registrants/Attendees also warrant they are following all CDC guidelines. Northern Virginia Clinical Psychologists claims no liability for the acts of any attendee, supplier or speaker at this meeting or for the safety of any attendee while in transit to, from, or during this meeting. Northern Virginia Clinical Psychologists reserves the right to cancel this function and/or individual courses without penalty. The total amount of liability to the Conference will be limited to a refund of fees paid by the attendee.