



VACP

Virginia Academy of Clinical Psychologists



Virtual Learning

VACP Fall Conference Saturday September 12th

VACP Fall Conference Welcome:

In the midst of our ‘perdidit annos singulos’ (lost year), link, learn, and thrive with us at the VACP VIRTUAL CONFERENCE on SATURDAY 12TH SEPTEMBER. Earn up to 6 CE hours and fulfill the 1.5 hour ethics/legal requirements. Come, engage with esteemed colleagues who will regale us with up to date information on: professional practice, personality theory and therapeutic alliance, effects of current events on psychologists as people and practitioners, and implications of executive function on self-regulation. While this is a short menu, there is something for everyone and promises to be a delightful repast. Especially in times when Holmes and Rahe life change units are adding up it behooves us as clinical psychologists to apply our repertoire to ourselves as well as our patients. Join us and tend to what really matters. See below for detailed descriptions of these marvelous events.

~Ronnie Zuessman, PhD LCP, Chair Continuing Education

Event #1

9:00 am - 10: 30 am

1.5 Hours CE

Credit*

“Ethics Credit”

TOWN HALL WITH THE BOARD OF PSYCHOLOGY

This conversation session features presentations by staff and members of the Board of Psychology and opportunities for VACP participants to submit questions to be addressed. Some issues will include the current status of: revisions to Board’s regulations, regulations on conversion therapy, the two part EPPP examination, and PSYPACT. This session meets the requirement for 1.5 CE hour ethics, standards of practice, or laws governing the profession of psychology in Virginia.

To submit your question please email it no later than 1 September to: Jaimie Hoyle, Executive Director Board of Psychology Jaime.Hoyle@dhp.virginia.gov.

Featured discussants are James Werth Jr, PhD ABPP, Chair; J D Ball, PhD ABPP, Vice Chair & Chair of Regulatory Committee; Peter Sheras, PhD ABPP, Member; Herb Stewart, PhD, Member; Jaime Hoyle, JD, Executive Director.

10:30 am - 10:45 am

Break

Event #2

10:45 am - 12:15 pm

1.5 Hours CE

Credit*

ENHANCING THE THERAPEUTIC ALLIANCE WITH THE MCMI-IV

This workshop moves beyond the basics of Millon Clinical Multiaxial Inventory – Fourth Edition (MCMI-IV) assessment, interpretation, and feedback, to assist the clinician in developing meaningful connections with the individual being assessed. The presenter will use a collaborative approach to demonstrate how theoretical and empirical data drawn from the instrument's guiding theory helps develop therapeutic dialogue and suggest interventional direction. The presentation will offer a primer on Millon Evolutionary Theory and its use and application in the assessment/intervention process.

Dr Seth Grossman, PsyD, is a Florida licensed psychologist, the primary co-author of the MCMI-IV, and a secondary co-author of most of the other Millon inventories. He is in private practice in the Ft Lauderdale region. He is a former assistant professor at the Florida International University College of Medicine, and consulting psychologist for its Counseling and Wellness Center. Since 1998, Dr Grossman has been involved with the Millon Inventories; most recently as lead psychologist for the Millon Personality Group, now tasked with continually updating Dr Millon's legacy work.

12:15 pm - 1:15 pm Lunch Break

VACP Fall Conference: President's Message



As president of VACP, I look forward to our Fall Conference which will look quite different this year. Unfortunately, we will not be enjoying the beach as planned. However, this is our chance to connect virtually in a safe and more convenient manner. Sunscreen not needed. Dr. Ronnie Zuessman is our new chair of the CE and program committee and has done a wonderful job developing a topical and diverse program for us. Please join us in September.

A handwritten signature in black ink that reads "Bruce A. Sellars".

Bruce Sellars, Psy.D., VACP President

Event #3

1:15 pm - 2:45 pm

1.5 Hours CE
Credit*

PRACTITIONER COLLOQUIUM – PSYCHOLOGY PRACTICE IN THE ERA OF COVID-19

This session features brief presentations from VACP leaders and interactive dialogue with members. Our main focus will be: How are current events affecting clinical psychologists as people and as practitioners? What are we doing to maintain well-being in the midst of this adversity?

- Effects of COVID-19 on everyday practice – Dr Laurentia Ruby (President, Northern Virginia Clinical Psychologists)
- Emotional impacts of recent killings, protests and community violence on psychologists and patients – Dr Alicia Meyer (President, Tidewater Academy of Clinical Psychologists)
- Special consideration of impacts upon diverse communities – Dr Mona Abuhmda (Diversity Chair, VACP)
- Community responses to the current context and impacts upon the “validity” of our assessment and therapy practices – Dr Ed Tiller (President Elect, VACP)

Dr Alicia Meyer, PhD is in clinical and forensic practice in Chesapeake. She studied at Brown University and Catholic University of America; completing internship at Medical University of South Carolina. Dr Meyer developed expertise in the areas of child abuse and childhood trauma, earning certifications as a National Trainer in Trauma Focused Cognitive Behavioral Therapy, and in Parent-Child Interaction Therapy. She founded Alicia’s Place, a non-profit agency that utilizes a cognitive-behavioral, multi-systemic, empirically-validated approach to the psychological assessment and treatment of children, families, and trauma survivors. Dr Meyer is President of the Tidewater Academy of Clinical Psychologists and is the Legislative Advocate with the VACP.

Dr Laurentia Ruby, PsyD is in private practice in Fairfax, working with adults, adolescents, and couples. Primarily approaching treatment via Acceptance and Commitment Therapy, Dr Ruby treats clients with anxiety, obsessive-compulsive disorder, trauma, relationship and career issues, attention deficit, and Asperger’s Disorder. She has also works with high school and college students who are struggling to overcome organizational and emotional problems that interfere with their academic goals. Dr Ruby currently serves as President of Northern Virginia Clinical Psychologists.

Dr Mona Ezzat-Abuhmda, PsyD, originally from Egypt, is in private practice in McLean. She began graduate studies at Regent’s College in London in 1993, completed a doctorate at George Washington University in 2003, and subsequently completed post-doctoral studies at the Washington Psychoanalytic Institute. Dr Abuhmda serves as clinical faculty at George Washington University School of Professional Psychology, and was adjunct faculty at Johns Hopkins University School of Business and Education. Dr Abuhmda provides consulting services at an addictions day treatment hospital, and serves as Chair of diversity for the VACP.

Dr Ed Tiller, PhD, completed doctoral studies at the University of Tennessee in 1970 and is in private practice at Williamsburg Centre for Therapy in Williamsburg. He has worked in state, Veterans’ Administration, and private hospitals, and taught at three universities. Since 1990 Dr Tiller has been in full time private practice. A member of VACP since 1976, Dr Tiller has been Chair of the Professional Issues and Ethics Committee, and is currently VACP President-Elect.

2:45 pm - 3:00 pm Break

Event #4

3:00 pm – 4:30 pm

**1.5 Hours CE
Credit***

ATTENTION DEFICIT HYPERACTIVITY DISORDER, SELF-REGULATION, AND EXECUTIVE FUNCTIONING: IMPLICATIONS FOR MANAGEMENT

Dr Barkley developed one of the leading theories of executive functioning and its role in ADHD. Executive neuropsychological functioning is a multi-level meta-construct and contributes to self-regulation across time to support the individual's long-term goals and general welfare. It is not just a suite of purely cognitive capacities but an extended phenotype, from the way the brain works, to ever-widening spheres of daily adaptive, self-reliant, and cooperative social functioning, influencing major domains of daily life through which humans seek to survive and prosper. Clinical implications concern the diagnosis, assessment, and management of ADHD. Specific management principles will be developed.

The objectives of this presentation include:

- understand the nature of ADHD from the perspective of this theory
- discuss major executive functions (working memory, self-management to time, emotional self-regulation, self-motivation, and other aspects of self-control) and their deficits in people with ADHD
- show how this instrumental level of executive function relates to higher levels of executive function in daily life activities, at tactical and strategic levels, and the impact ADHD produces throughout this hierarchy of self-regulation across time
- develop a better understanding of how this theory leads to more effectively designed interventions

Dr Russell Barkley, PhD ABPP ABCN, is Clinical Professor of Psychiatry at Virginia Commonwealth University Medical Center, Richmond. Board certified in Clinical Psychology, Clinical Child and Adolescent Psychology, and Clinical Neuropsychology, Dr Barkley is a clinical scientist, educator, and practitioner who has published 26 books, rating scales, 43 editions of clinical manuals, and seven award winning professional videos. He has published more than 300 scientific articles and book chapters related to the nature, assessment, and treatment of ADHD and related disorders. Dr Barkley is founder and Editor of the clinical newsletter, The ADHD Report, now in its 28th year of publication. Dr Barkley has presented more than 800 invited lectures in more than 30 countries and appeared on national television. He has received numerous awards from professional societies and ADHD organizations for his lifetime achievements, contributions to research and clinical practice, and the dissemination of science.

Registration 

****Attendees must be present for 50 minutes of every hour in order to receive CE credit.***

REGISTRATION INFORMATION:

Event #1: \$30 Registration fee
Event #2: \$30 Registration fee
Event #3: \$30 Registration fee
Event #4: \$30 Registration fee
All Events #1-#4: \$100 Registration fee (Save \$20)

[Click here to pay and receive registration link](#)
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IMPORTANT INFORMATION: After paying through the link(s) above or the VACP website you'll receive a confirmation email. In that confirmation notice you will receive a link to register for each Zoom CE presentation. Click that link and fill in the appropriate information. You'll be asked to input your first name, last name and email address. This information is required so we can send you a CE certificate after the meeting. **You must complete this step to finish your registration.**

If you'll be attending some, or all of these workshops, please submit any questions for the presenters in advance by sending an email to VACPoffice@gmail.com no later than September 1, 2020. In your email heading please write: "VACP Fall Conference – Questions for Event # ____". We look forward to seeing you at the VACP Fall Conference (via Zoom)!